

# The sea cucumber and its role in the blue economy in Colombia

Adriana Rodríguez-Forero<sup>1</sup>

In Colombia there is an illegal sea cucumber market that exploits native species and involves artisanal fishermen, indigenous people and poor communities in the Caribbean region (Toral 2008; Agudelo Vergara et al. 2017). Recently, several arrests have been made that show how sea cucumber species have been fished illegally from different regions of the country in various quantities. Records of illegal catches in Colombia have increased in the last three years. Twelve plastic bags with 400 kg were seized in La Guajira (Riohacha city). In San Onofre city (Sucre), 5554 dehydrated sea cucumbers were seized near the international airport; the airport police seized 540 sea cucumbers that were intended to be exported from Bogotá to Hong Kong. In contrast, sea cucumber aquaculture has become viable in Latin America countries such as Mexico and Colombia; in the case of Colombia, research activities are mainly carried out by the Research and Technological Development Group in Aquaculture, in Santa Marta, Magdalena (Agudelo Vergara et al. 2017).

Artisanal fishermen of the Colombian Caribbean are very poor due to social inequalities, but also because of the decrease in their catches, which is emphasised by the lack of technology in their fishing gear and the lack of other sources of income. Some families are deeply impoverished. The average annual income level in this region was reported (in 2018) to be around USD 1900 for fishers who are involved in small-scale fishing cooperatives (Lavalle and Pretel 2019), with five fishermen, on average, in charge of one boat. These figures indicate that a fisherman earns around USD 5 to 6 daily, depending on whether or not he is part of a cooperative, and that this is his main source of income to support his family. Meanwhile, women barely earn half of what men earn, clearly showing gender inequality (Viloria-Maestre et al. 2016; Lavalle and Pretel 2019).

In turn, there are no conditions for natural resources to become an opportunity for sustainable local development, with marked overexploitation of fisheries and inadequate resource management (Beltrán and Villaneda 2000). Global warming is an additional factor increasing the region's problems (Lavalle and Pretel 2019; DANE 2020).

A blue economy is based on the principles of the Code of Conduct for Responsible Fisheries (Pauli 2010). It recognises the

importance of seas and oceans as engines of the economy because of their potential for innovation and growth. A blue economy attempts to prioritise the balance of sustainable and socio-economic management of natural aquatic resources, emphasising the efficient use of resources from fisheries and aquaculture, ecosystem services, trade and food systems (Pauli 2010; FAO 2015). Its aim is to reconcile economic growth with better livelihoods and social equity, and to strengthen transparent, reliable and safer food systems. A blue economy also places greater responsibility on national and regional policies for the protection of living aquatic resources, and aims to create an enabling environment whereby fisheries and aquaculture stakeholders are not only resource users, but are also active role in protecting and safeguarding them, for the benefit of future generations (Campbell et al. 2021). In general, developing countries have begun to adopt blue economy strategies, also called blue growth, to promote food security and increase quality of life, and to minimise or mitigate the impacts of these economic sectors on living aquatic resources, biodiversity and ecosystem services (FAO 2015).

Sea cucumber species such as *Isostichopus badionotus*, *Isostichopus* sp. and *Holothuria mexicana* – all of which are grown in aquaculture facilities in Colombia – are included in the blue economy because these species feed on microalgae (e.g. *Isochrysis galbana*, *Chaetoceros calcitrans*, *Nannochloropsis oculata*), sand and organic matter, which do not harm the environment (Agudelo and Rodríguez 2017; Acosta et al. 2020). In outdoor aquaculture facilities, juveniles and adults feed on sand and lime, as well as microorganisms such as bacteria, diatoms and detritus. These foods do not have a significant impact on production costs (which account for anything between 56% and 83%) as compared with foods used in tilapia culture, which is the most popular aquaculture species and is farmed in over 120 countries in the world (Scorvo-Filho et al. 2006; Sabbag et al. 2007; Osamaki et al. 2017). When reared in controlled facilities, sea cucumbers do not need artificial foods, one of the most expensive components of aquaculture activity, and their production incurs low operating costs. The infrastructure investment is also lower than for many other types of aquaculture, such as shrimp or finfish (Osamaki et al. 2017; Barroso et al. 2019). In addition, Caribbean Sea cucumbers have an acceptable nutritional content with a protein content of 6.6% and fat content of 0.35% (Arias et al. 2016; Vergara and Rodríguez 2016).

<sup>1</sup> Grupo de Investigación y Desarrollo Tecnológico en Acuicultura. Programa de Ingeniería Pesquera. Laboratorio de Acuicultura, Hangar D. Universidad del Magdalena. Santa Marta, Colombia. Carrera 32 No 22 – 08. Email: arodriguez.ingpesquera@gmail.com

The implementation of a blue economy in Colombia can be an option for the legal production of laboratory-reared sea cucumbers and other marine ornamental products, such as fish, crustaceans, mussels and other invertebrates, under controlled conditions. Rearing sea cucumbers will help reduce, for example, the pressure on extractive fisheries. The possibilities of increasing the socioeconomic conditions of fishermen can be carried out by incorporating family aquaculture models that involve sea cucumbers. Ecological benefits should be created, as sea cucumbers are bioremediators that help purify the marine environment through bioturbation (Uthicke 1999; Wolfe and Byrne 2017; Hamel et al. 2001; Uthicke 2001). Sea cucumbers are also organisms that can be cultivated in polyculture, with low operating costs and low infrastructure investments (Inui et al. 1991; Wu 1995; Slater and Carton 2007). This could help reduce pressure on extractive fishing and create additional possibilities for clinical, pharmaceutical and cosmetic applications. Because sea cucumbers have a high collagen content, they are ideal for the manufacture of skin care products (Liu et al. 2002; Li et al. 2020). Colombia, however, has poor environmental legislation, and is facing over-exploitation of resources, climate change and environmental pollution among others, so the role of aquaculture in recovering resources has even more pitfalls to be solved. Blue aquaculture could generate tangible work and benefits to change the economies of vulnerable populations like those that inhabit our coastlines.

## References

- Acosta E., Rodríguez-Forero A., Werding B. and Kunzmann A. 2020. Effect of density, temperature and diet on the growth, survival and development of larvae and juveniles of *Isostichopus* sp. *Aquaculture Research* 52(2):611–624. (Also available at doi.org/10.1111/are.14918).
- Agudelo-Martínez V. and Rodríguez-Forero A. 2017. Gametogenesis, spawning and larval development of *Isostichopus* sp. aff *badionotus*. *SPC Beche-de-mer Information Bulletin* 37: 65–74.
- Agudelo Vergara W., Villazón M., Pabón L. and Rodríguez A. 2017. Manual del cultivo de pepino de mar. Universidad del Magdalena. Colombia.
- Arias Hernández O., Alcendra Pabón E., Carreño Montoya O.J., Cabrera Duran E., Corvacho Narváez R.O. and Rodríguez Forero A. 2017. Dry-salted sea cucumber (*Isostichopus* sp. nov.) protocol design. *Natural Resources* 8:278–289.
- Barroso R.M., Muñoz A.E.P. and Cai J. 2019. Social and economic performance of tilapia farming in Brazil. *FAO Fisheries and Aquaculture Circular* No. 1181. Rome: FAO.
- Beltrán C.S. and Villaneda A.A. 2000. Perfil de la pesca y la acuicultura en Colombia. Santafé de Bogotá: Instituto Nacional de Pesca y Acuicultura INPA – Subdirección de Investigaciones. 73 p.
- Campbell L.M., Fairbanks L., Murray G., Stoll J.S., D’Anna L. and Bingham J. 2021. From blue economy to blue communities: Reorienting aquaculture expansion for community wellbeing. *Marine Policy* 124: 104361. (Also available at <https://doi.org/10.1016/j.marpol.2020.104361>).
- DANE (Departamento Administrativo Nacional de Estadística). 2020. Censo Nacional de Población y Vivienda. <https://www.dane.gov.co/index.php/60-espanol/demograficas/censos>
- FAO (Food and Agriculture Organization of the United Nations). 2015. Voluntary guidelines for securing sustainable small-scale fisheries in the context of food security and poverty eradication. Rome: FAO.
- FAO. 2018. Estado mundial de la pesca y la acuicultura. Rome: FAO. 265 p.
- Hamel J.F., Conand C.D., Pawson L. and Mercier A. 2001. The sea cucumber *Holothuria scabra* (Holothuroidea: Echinodermata): Its biology and exploitation as beche-de-mer. *Advances in Marine Biology* 41:129–223.
- Inui M., Itsubo M. and Iso S. 1991. Creation of a new non-feeding aquaculture system in enclosed coastal seas. *Marine Pollution Bulletin* 23:321–325.
- Lavalle Cera R. and Pretel J. 2019. Evaluación y lineamientos enfocados en la formulación del plan de ordenamiento pesquero. Santa Marta. 40 p.
- Li P.H., Lu, W.C., Chan Y.J., Ko W.C., Jung, C.C., Huynh D.T.L. and Ji Y.X. 2020. Extraction and characterization of collagen from sea cucumber (*Holothuria cinerascens*) and its potential application in moisturizing cosmetics. *Aquaculture* 515: 734590.
- Liu S.S., Hu M.L. and Ko W.C. 2002. Isolation of proteoglycan from sea cucumber and investigation of its biological activities. *Fisheries Science* 68 (Suppl. 2):1645–1646.
- Osamaki S.K., Janssen K., Besson M., Komen H. 2017. Economic values of growth rate, feed intake, feed conversion ratio, mortality and uniformity for Nile tilapia. *Aquaculture* 481: 124–132. (Also available at <https://doi.org/10.1016/j.aquaculture.2017.04.013>).
- Pauli G. 2010. The Blue Economy 10 years, 100 innovations, 100 million jobs. Taos, NM: Paradigm Publications. 336 p.
- Sabbag O.J., Rozales R.R., Tarsitana M.A.A. and Silveira A.N. 2007. Análise econômica da produção de tilápias (*Oreochromis niloticus*) em um modelo de propriedade associativa em Ilha Solteira/SP. *Custo e Agronegócio* 3(2):86–100.
- Scorvo-Filho J.D., Pinto C.S.R.M., Verani J.R. and Silva A.L. 2006. Custo operacional de produção da criação de tilápias vermelhas da Flórida e tailandesa em tanques-rede de pequeno volume. *Informações Econômicas* 36(10):71–79.

- Slater M.J. and Carton A.G. 2007. Survivorship and growth of the sea cucumber *Australostichopus (Stichopus) mollis* (Hutton 1872) in polyculture trials with green-lipped mussel farms. *Aquaculture* 272(1–4):389–398.
- Toral V. 2008. Population status, fisheries and trade of sea cucumbers in Latin America and the Caribbean. p. 213–229. In: *Sea cucumbers. A global review of fisheries and trade*. Torel-Granda V., Lovatelli A. and Vasconcellos M. (eds). Rome: FAO Fisheries Aquaculture Technical Paper 516.
- Uthicke S. 1999. Sediment bioturbation and impact of feeding activity of *Holothuria (Halodeima) atra* and *Stichopus chloronotus*, two sediment feeding holothurians, at Lizard Island, Great Barrier Reef. *Bulletin of Marine Science* 64:129–141.
- Uthicke S. 2001. Interactions between sediment-feeders and microalgae on coral reef: Grazing losses versus production enhancement. *Marine Ecology Progress Series* 210:125–138.
- Vergara W. and Rodríguez A. 2016. Nutritional composition of sea cucumber *Isostichopus* sp. *Natural Resources* 7(3):130–137. (Also available at <http://dx.doi.org/10.4236>).
- Viloria-Maestre E., Santos-Acevedo M., Chávez S. and Romero J.A. 2016. Pesquería artesanal del margen costero entre Los Cocos (Magdalena) y Punta Gallinas (La Guajira), Caribe colombiano. Serie de Publicaciones Generales del Invenmar No. 92, Santa Marta. 60 p.
- Wolfe K. and Byrne M. 2017. Biology and ecology of the vulnerable holothuroid, *Stichopus herrmanni*, on a high-latitude coral reef on the Great Barrier Reef. *Corals* 36(4):1143–1156.
- Wu R.S.S. 1995. The environmental impact of marine fish culture: Towards a sustainable future. *Marine Pollution Bulletin* 31(4–12):159–166.