

Why should we care?

Pa'ua are a culturally significant food in the Cook Islands. They are also an important part of reef ecosystems. *Pa'ua* contribute to the reef structure and are a food source for other animals. Climate change may make life harder for *pa'ua*, so they need our help.

How can we help?

By allowing *pa'ua* to grow and reproduce before they are harvested, we can keep our reefs healthy and have *pa'ua* for future generations.



Harvest *pa'ua* larger than 16 cm when they are able to reproduce.



Only harvest *pa'ua* within the reef and avoid *pa'ua* that live beyond the reef where it is more difficult for them to reproduce



Take only what you need to eat don't harvest *pa'ua* for sale or trade



Respect *rā'ui* and marine reserves where *pa'ua* are protected and can easily grow big and reproduce