The figures presented in this poster are derived from Palau’s 2014 Household Income and Expenditure Survey (HIES) where a total of 869 households, 15 percent of households, were interviewed over a 12-month period. The figures are representative of the whole population. The information collected in HIES, including those related to health, is respondent reported and there is potential for differing results between other surveys and those presented herein.

Average WOMEN

BMI normal range 18.50 to 24.99

27.58

Average MEN

CONSUMPTION

2.2% ($332 per household per year) of the total household spending is on health

23% ($790 per household per year) of household food expenditure is on rice (9%), takeaway (7%), soft drink (4%) and corned beef/spam (3%)

4.9% ($724 per household per year) of total household spending is on tobacco (3%), betel nut (1.0%) and alcohol (0.9%)

PROPORTION OF PEOPLE IN EACH BMI CATEGORY THAT REPORTED HAVING AN ONGOING HEALTH PROBLEM

ONGOING HEALTH PROBLEM

1 in 5 ADULTS reported having an ongoing health problem

17% take medicine

18% consult a doctor

8% take medicine

2.1% RESPIRATORY DISEASE

2.4% GOUT

3.2% HEART DISEASE

8.7% HYPERTENSION

5.4% DIABETES

20% of the ADULT population reported having one or more ongoing health problems

18% 23%